

T2 Aquatics

2026 SPRING Schedule



- This schedule will start Thursday January 8th, 2026

Future:	MWF	4:30-5:30 PM
AGD:	MWF	5:30-7:00 PM
	Sat	10:00-11:30 AM
White:	M,Tu,Th,F	5:30-7:00 PM

Blue to Senior 1 Group: Starts Tue Jan 20th

MWF	3:30-5:15 PM
TuTh	3:30-5:00 PM
Sat	8:00-10:00 AM

Through Thu Jan 15th:

Tu,W,Th,F	5:30-7:00 PM
Sat	8:00-10:00 AM

AGP:

Starts Tue Jan 20th

MWF	5:30-7:15 PM
Tu	5:00-6:30 PM
Th	6:00-7:20 AM OR 5:00-6:30 PM
Sat	8:00-10:00 AM

Through Thu Jan 15th:

MWF	5:30-7:15 PM
Tu	4:30-6:15 PM
Th	6:00-7:30 AM
Sat	8:00-10:00 AM

Senior Group:

M-F	3:15-5:30 PM
Sat	7:15-9:15 AM
Dryland	TBD

High Performance:

M-F	3:15-5:30 PM
Sat	7:30-9:30 AM
AM's:	TBD
Dryland	TBD